

Elmer Swim Club, Inc.

Rules and Regulations

The following Rules and Regulations have been established for the protection and benefit of all members and guests of the Elmer Swim Club, Inc. They have been established to ensure the safe and sanitary operation of the pool facility.

Members are requested to review and discuss the rules and regulations prior to the start of each swim season. While at the swim facility this season, please make every effort to reinforce these rules and regulations. Managers, Assistant Managers, and Lifeguards will be tasked with ensuring that all members and guests adhere to the following rules. Failure to comply with these rules may be grounds for disciplinary actions, suspensions, or expulsions.

I. Lifeguard and Pool Hours

- A.** The facility will be open the Saturday of Memorial Day weekend and will close the weekend following Labor Day.
- B.** Facility Hours
 - 1.** May 26th – June 12th
 - a.** Monday – Thursday 4 – 530 pm
 - b.** Friday 4 – 9 pm
 - c.** Saturday 12-9 pm
 - d.** Sunday 12- 7 pm
 - 2.** June 13th – June 21st
 - Monday – Thursday 12 – 530 pm
 - Fri., Sat, & Sun 12 – 9 pm
 - 3.** June 21st – June 24th 12 – 9 pm
 - 4.** June 25th – July 6th 1 – 9 pm
 - 5.** July 7th – July 31st
 - Every Day 12 – 9 pm
 - 6.** August 1st - Labor Day
 - Every Day 12 - 8

- C. At the Managers discretion the pool closing times can be extended or shortened based on weather conditions.
- D. At least two (2) lifeguards will be on duty at all times during the aforementioned hours and additional guards will be assigned for parties or special events.

II. **Health and Safety**

- A. All children, members and guest are entitled to use the facility at their own risks.
- B. Upon entering the swim club facility, sign into the Member Log located at the office window. (Notify the Manager or Assistant Manager of any Guests or Visitors)
- C. Prior to leaving, members and guests must stop at the office window to sign out.
- D. Children are not permitted in the swim club parking lot, without parental supervision.
- E. Children who have not reached their tenth (10) birthday and who have not passed the Basic Swimming Test (outlined in F) must be accompanied by a parent or responsible adult member at all times. (If a parent must leave for any reason and delegates the responsibility to another parent, the manager should be informed).
- F. Use of the Baby Pool shall be limited to children eight (8) years old and younger. Any children who are not toilet trained must wear swim diapers.
- G. Children eight (8) years old or younger are not allowed in the main pool, unless they are accompanied / supervised by an adult member, or they have passed the Basic Swim Test as outlined below.
- H. Children who are 8 years of age or younger that routinely utilize the adult pool are not permitted to use the baby pool during adult swim.
- I. Basic Swim Test –The swimmer will be asked to swim across the pool and then back again without stopping or touching the bottom (This portion of the test will be performed in the shallow end of the pool). The swimmer will immediately make their way to the deep end of the pool where they will tread water for 1 minute.
- J. Admission may be refused to anyone with bandages, skin infection, cold, cough, inflamed eyes, infected ears, or any other type of infectious or contagious disease. This determination will be made by the on duty manager.
- K. Any type of hair adornment is forbidden in the pool.
- L. No glass or breakable containers are allowed in the pool area.

M. Lifejackets / Equipment / Toys Policy

1. A properly fitting U.S. Coast Guard approved and labeled personal flotation device (PFD) designed to provide vertical support and to keep the head above the surface of the water may be worn, provided each non-swimmer is accompanied by an adult in the pool, within arm's reach. The adult must remain in water in which they can stand flat on the pool bottom. Patrons wearing life jackets are not permitted in deep water or on deep water play features.
2. Non-U.S Coast Guard approved personal flotation devices, inflatable toys, back floats, rafts, inner tubes, water rings, rings (including those built into bathing suits) and similar objects are not permitted in the pool.
3. Specialized equipment such as kickboards, fins, or paddles, are not permitted during normal pool hours.

N. The diving well is only to be used for diving.

O. Persons using diving boards must observe the following rules and safety precautions at all times:

1. In order to utilize the (3m) high springboard, children must be a minimum of 48" or 4' tall.
2. In order to utilize the (1m) springboard, children must be 36" tall.
3. Only one person at a time is permitted on the diving board and ladder.
4. Each person must wait at the bottom of the diving board ladder until the previous diver has reached the side of the pool.
5. Only one bounce per dive is permitted.
6. Cartwheels, handstands, or any other type of dive initiated by means other than springing off the board from the feet is strictly prohibited.
7. Immediately after surfacing, divers must swim directly to the ladder and exit the pool.
8. When utilizing the low dive, divers must swim and exit to the right side of the dive well.
9. When utilizing the high dive, divers must swim and exit to the left side of the dive well.
10. Swimming under the diving board is prohibited.
11. Playing or swimming in the diving area is not permitted while boards are open for diving.
12. Hanging off the end of the diving board is not permitted.
13. Masks or flotation devices may not be worn when going off the diving board.
14. The managers or lifeguards on duty may restrict certain dives based on safety concerns.

P. Practice Healthy Swimming Habits

1. Coughing, spitting, and blowing out the nose is prohibited in the pool.
2. Children and adults who have had diarrhea in the last two weeks should not go swimming.
3. Use the bathroom before getting into the pool. Take frequent bathroom breaks and check diapers often.
4. Shower before entering the pool and after using the toilet.

Q. The Managers, Assistant Managers, and Lifeguards shall have the authority to discipline and eject anyone from the pool who does not adhere to the following rules: (Conduct / Incident Report Forms will be completed to document repeat offenses for the following infractions) If three conduct / incident reports have been issued to the same member or their dependent, it will result in an automatic suspension from the pool for one or more days.

1. The following actions or inappropriate behaviors are strictly prohibited:
 - a. Cursing
 - b. Dunking
 - c. Excessive Splashing
 - d. Running Around the Pool Apron
 - e. Throwing Dirt, Sand, or Stones
 - f. Climbing the Fence
 - g. Hanging Clothes on the Fence
 - h. Damaging Pool Equipment
 - i. Damaging Pool Property
 - j. Horseplay, Fighting, or Wrestling
 - k. Pushing Others Into the Pool
 - l. Excluding Others From Games
 - m. Bullying or Name Calling
 - n. Inappropriate Touching
 - o. Diving Into The Shallow End of the Pool
 - p. Entering any prohibited areas of the pool (Pump Room / Chemical Shed/ Office)
 - q. Reserving Tables or Other Areas of the Pool Grounds
 - r. Intoxication due to legal / illegal drugs.
 - s. Possession of any drugs unless prescribed by a doctor.
 - t. Harassment or Discrimination of any kind.

R. Swing Set / Basketball / Shuffleboard / Volleyball / Baseball

1. Do not walk in front or behind anyone who is actively swinging on the swings.
2. Children are to use age appropriate swings.

3. No hanging from the volleyball net.
4. No hanging from the basketball rims.
5. Sneakers are recommended when playing shuffleboard and basketball.
6. Walking across the horseshoe pit area is prohibited when it is in use.
7. Pool Basketballs are not permitted on the basketball court.
8. All sports related equipment must be placed back in the appropriate basket upon completion of using it.
9. Children or Adults who have utilized the Volleyball Court Sand for any purposes, must hose off (especially bathing suits) before entering the pool. Talking to or disturbing the lifeguards is prohibited.

S. Use of the Kitchen

1. All members are welcome to use the kitchen and the contents within, but must adhere to the following guidelines or risk losing kitchen privileges:
 - a. All dishes, glasses, pots, pans, and utensils that were used must be cleaned with soap and water, and placed in the drying rack, prior to leaving the swim club.
 - b. If utilizing the oven or microwave, it must be left clean and free of any mess.
 - c. If utilizing the coffee pot, it must be rinsed with water and the filter removed from the pot.
 - d. No children under 10 years of age are permitted in the kitchen.
 - e. Items must be removed from the refrigerator each day.

T. Grills

1. Members are welcome to use the grills but must adhere to the following guidelines or risk losing grill privileges:
 - a. While in operation, grills are never to be left unattended.
 - b. Grill grates must be brushed clean with a wire brush after cooking.
 - c. Children aren't permitted near the designated grills area.
 - d. Gas must be shut off prior to leaving the grill.

U. Bathrooms / Shower Rules

All members are welcome to use the showers, but must adhere to the following guidelines or risk losing shower privileges:

- a. At times, both small children and adults will need to utilize the bathroom and showers at the same time. If showering, please dress yourself behind the shower curtain to prevent any potential allegations or offensive situations from occurring.

- b. The use of cell phones or devices with built in photography features are strictly prohibited in the bathroom or shower areas.
 - c. If the toilet becomes clogged, please notify management to prevent overflows.
 - d. Soaps, Shampoo's, and other personal belongings, are not to be left in the shower stalls.
 - e. All showering must be completed 30 minutes prior to the pools closing time.
- V. All trash / recyclables must be thrown away in the proper cans, prior to leaving the swim club.
 - W. Any injuries must be reported to management immediately and the appropriate report completed.

III. General

- A. Pool dues must be paid prior to using the swim facility.
- B. Eating or drinking is not permitted in the pool.
- C. No Smoking except in designated area, located outside of the fence gate.
- D. Pets are not allowed on Elmer Swim Club property, except during "Dog Day Afternoon", which is traditionally held the closing day of season or as agreed to by the Board of Trustees.
- E. Service animals are permitted.
- F. No alcohol, except during designated adult social functions.
- G. All trash / recyclables must be thrown away in the proper cans, prior to leaving the swim club.
- H. Parents are not permitted to directly address another member's child. (Any incidents requiring discipline or mediation, must be brought to the attention of the Manager, Assistant Manager, or Head Life Guard)
- I. Visitors are defined as those that do not use the pool facilities, recreational equipment, or picnic tables. Otherwise guest fees apply as outlined below.
- J. The club assumes no responsibility for any personal property.
- K. All bikes should be parked in the bike rack.
- L. No loitering on swim club property.
- M. Clean up your area prior to leaving and stow all belongings in the member shed.
- N. Return all chairs or borrowed equipment to their designated areas within the swim facility.

IV. Guests

- A. No one under the age of thirteen (13) is permitted to bring guests.

- B. Thirteen (13) to eighteen (18) year old member's may bring two (2) guests per day.
- C. Eighteen (18) year old members and older may have six (6) guests per day.
- D. All guests are to leave with the accompanying member.
- E. Guests Fees:
 - 1. All Day Privileges
 - a. 5.00
 - 2. After 5pm until closing (4pm during August hours)
 - 1. \$2.00
 - 3. Senior citizens 60 years or older
 - 1. \$2.00
 - 4. Weekly House Guest (2 weeks or less), must live in same household
 - 1. 10.00
 - 5. House Guest for Season (2 weeks or more), must live in same house
 - 1. 50.00
 - 6. Babysitter for member child while member is not present.
 - 1. 25.00
 - 7. No charge for children (3) or under.
- F. Guest classes 3, 4, 5, and 6 are not permitted to bring guests in the absence of a member.
- G. Members must sign their guest in and pay the required fee prior to using the pool facilities.
- H. Before utilizing the deep end of the pool, all guests must see the lifeguards and complete a swim proficiency test (basic swim test).
- I. Guests must adhere to the same pool rules as members.

V. Bathing Attire and Behaviors

- A. Elmer swim club seeks to maintain a family atmosphere. With this in mind the following guidelines should be followed:
 - 1. Modest bathing attire is required. Attire deemed not suitable shall be identified by the on duty manager and the member asked to change. If the member is unwilling to change, they may be asked to leave.
 - 2. No outwardly amorous behavior such as heavy kissing or touching in an inappropriate manner is permitted.
 - 3. No cursing, teasing, bullying, foul language / gestures, sexually offensive language / gestures or other aggressive behaviors.
- B. Proper bathing attire is required at all times. No street clothes are permitted in the pool.

In order to ensure a safe and fun swim season, all Elmer Swim Club members and guests are asked to follow the aforementioned rules and regulations.

Sincerely,

The Elmer Swim Club Board of Trustees
Revised April 2018

By signing below, you acknowledge that you have read the rules and regulations and have discussed them with all who utilize your Elmer Swim Club membership. Additionally, you will discuss the rules and regulations with any potential guests you wish bring to the Elmer Swim Club facility. For future reference, these rules and regulations can be accessed on the Elmer Swim Club website and will additionally be posted at the Elmer Swim Club facility.

Signature